## North West England <br> Deaf/HoH Sport/Physical Activity Participation

## Sample Demographics

| Sample: 132 | Age |
| :--- | :--- |
| Locations | Mean age: 48 |
| $21 \%$ M | Ethnicity |
| $13 \% \mathrm{~L}$ | $90 \%$ White British |
| $13 \% \mathrm{CH}$ | $10 \%$ Other |
| $10 \%$ FY | Gender |
| $8 \%$ PR | $52 \%$ Male |
| $6 \%$ OL | $48 \%$ Female |
| $29 \%$ Other |  |

Level of Hearing Loss $37 \%$ have profound/severe hearing loss 34\% have moderate hearing loss 29\% have mild/slight hearing loss

## Information Around People's Hearing Loss

## Deaf Registration and Disability

$35 \%$ registered as deaf $42 \%$ of the sample consider themselves disabled Deaf/HoH family 49\% have a deaf/HoH family member

## Physical Activity

## Frequency

45\% report that they are physically active three times a week or more $32 \%$ feel they are more active than others their age

## Preferred Forms of

## Communication

79\% Spoken English 22\% BSL

## Other Impairments

20\% have another impairments or conditions



Most common types of physical activity

64\% Walking
33\% Gardening
23\% Keeping fit/Gym
22\% Playing Sport


## 41\% Currently Play Sport

| Sample: 54* | Sports Most Commonly Played |
| :---: | :---: |
| 68\% play sport more than once per week | 48\% Running [20\%]** <br> 44\% Football [18\%] ${ }^{\star \star}$ |
| 72\% usually play for more | 32\% Swimming [13\%] |
| than 30 minutes | Money Spent on Sport |
| Travelling to Play Sport | An average of $£ 54$ a mon |
| 60\% travel by car | Competition and Tuition |
| 64\% travel less than 30 | 59\% play in sport competitions |
| Sport Environment | 45\% receive sports tuition |
| 83\% currently play with anybody in a mainstream environment | Barriers and Motivations |
|  | Common Barriers to Sport |
|  | 20\% Lack of fitness |
| $71 \%$ of people either currently play or are interested in playing a sport in the future | 18\% Lack of time 13\% Communication |
| Sports People are Most | Primary Motivations for Sport |
| Interested in Playing*** | 53\% Keeping fit \& healthy |
| 21\% Swimming N\% | 52\% Enjoyment <br> $36 \%$ Socialising |
| 13\% Tennis |  |
| 11\% Bowls | Marketing Channels for Sport |
| Future Sport Environment 80\% prefer with anybody | Currently through... <br> 33\% Internet search |
| Lifestyle | 28\% Friends \& family |
| Reading and spending time with family are the two most important interests | 22\% Facebook <br> Prefer through... <br> 32\% Facebook |
| 54\% belong to some sort of club or association | 27\% Internet search <br> $22 \%$ Friends \& family |

*All percentages in the Currently Play Sport section are a proportion of the 54 respondents ( $41 \%$ of total north west profile sample) currently participating in sport. **The percentages displayed in the square bracket are a proportion of the total north west profile sample, provided for a comparison with future sports respondents are interested in.
***The respondents interested in playing each sport excludes those that currently play the sport in question. However, the percentages displayed are a proportion of the total north west profile sample including those that currently play the sport.

