South West England **Deaf/HoH Sport/Physical Activity Participation**



Sample Demographics

Sample: 106

- Locations
- 19% GL 17% BS **9% TO**

9% BA 9% TR

9% SN

28% Other



Age Mean age: 48

Ethnicity

93% White British 7% Other

Gender

48% Male 52% Female



Level of Hearing Loss

40% have profound/severe hearing loss



37% have moderate hearing loss

23% have mild/slight hearing loss

Information Around People's Hearing Loss

Deaf Registration and Disability

44% registered as deaf

43% of the sample consider themselves disabled

Deaf/HoH family

43% have a deaf/HoH family member



Preferred Forms of Communication

76% Spoken English 35% **BSL**

Other Impairments

18% have another impairments or conditions





Physical Activity

Frequency

45% report that they are physically active three times a week or more

29% feel they are more active than others their age

Most common types of physical activity 70% Walking

45% Gardening 26% Swimming 23% Playing Sport



Data collated from UK Deaf Sport 2015 Deaf/Hard of Hearing Sport and Physical Activity Participation Survey. Total profile sample made up of people within the survey who live in South West England.

43% Currently Play Sport

Sample: 45*

60% play sport more than once per week



95% usually play for more than 30 minutes

Travelling to Play Sport

63% travel by car

61% travel less than 30 minutes

Sport Environment



61% currently play with anybody in a mainstream environment

Future Sports

69% of people either currently play or are interested in playing a sport in the future

Sports People are Most Interested in Playing***

17% Badminton 15% Swimming 12% Bowls



Future Sport Environment 74% prefer with anybody



Reading and spending time with family are the two most important interests

60% belong to some sort of club or association



Sports Most Commonly Played

55% Swimming [22%]** 48% Running [19%]** 29% Golf [12%]**



Money Spent on Sport

An average of £54 a month

Competition and Tuition

47% play in sport competitions

47% receive sports tuition



Barriers and Motivations

Common Barriers to Sport

23% Lack of fitness 18% Communication 18% Lack of time



Primary Motivations for Sport

58% Keeping fit & healthy47% Socialising47% Enjoyment



Marketing Channels for Sport

Currently through...

32% Internet search 28% Friends & family 27% Facebook

Prefer through...

28% Email updates28% Facebook27% Internet search



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*All percentages in the Currently Play Sport section are a proportion of the 45 respondents (43% of total south west profile sample) currently participating in sport. Please note that this sample size is low, use data from this section with caution.

**The percentages displayed in the square bracket are a proportion of the total south west profile sample, provided for a comparison with future sports respondents are interested in.

***The respondents interested in playing each sport excludes those that currently play the sport in question. However, the percentages displayed are a proportion of the total south west profile sample including those that currently play the sport.