



Creating Champions Together

## REGIONAL ATHLETICS AND SWIMMING CHAMPIONSHIPS 2012

|               | ATHLETICS   | SWIMMING  |
|---------------|---|---|
| EAST          | 19 May at Chelmsford  | 14 October<br>New Market Leisure Centre, Suffolk  |
| MIDLANDS      | 25 April at Saffron Lane,<br>Leicester                        | 20 May<br>Braunstone LC, Leicester                |
| LONDON        | 30 April<br>Lee Valley, London                                | 6 – 7 October, Eltham Leisure Centre              |
| NORTH EAST    | 16 May, Gateshead   | Early 2013 date TBC                               |
| NORTH WEST    | 21 April<br>Sports City, Manchester                           | 20 October<br>Liverpool Aquatics Centre           |
| SOUTH EAST    | 19 <sup>th</sup> May,<br>K2 Leisure Centre Crawley,<br>Sussex | 18 February / 6 October<br>The Quays, Southampton |
| SOUTH WEST    | 15 May<br>Exeter Arena  | 28 October<br>Horfield Leisure Centre, Bristol    |
| WEST MIDLANDS | 15 May - Athletics Trials<br>The Ryland Centre, Bromsgrove    | 17 November, Tudor Grange, Solihul                |
| YORKSHIRE     | 26 April<br>Doncaster   | 23 September, Harrogate                           |