

2021 CODE: SUMMARY OF MAJOR CHANGES*

*This document is not exhaustive and should be used as a guide.

WORLD ANTI-DOPING CODE: WHAT AND WHY

The purpose of the Code is to:

- Protect an athlete's right to participate in clean sport and ensure consistency in anti-doping programmes globally

The Code is the overarching document for anti-doping practices worldwide.

- There are eight International Standards alongside the new Code, each give technical details for specific areas of anti-doping
- These documents are reviewed periodically to ensure new challenges within anti-doping are addressed and best practice improves
- The 2021 Code launches on **1 January 2021**

The Code impacts everyone involved in sport for example, athletes, coaches, medical and administrative staff and parents and carers.

NEW IN THE 2021 CODE

HIGHLIGHTING ATHLETES' RIGHTS

The new **Athletes' Anti-Doping Rights Act** promotes athlete rights within anti-doping and ensures they are clearly outlined, accessible, and universally applicable e.g. an athlete has the right to receive anti-doping education.

NEW 11TH ANTI-DOPING RULE VIOLATION (ADRV): PROTECTING WHISTLEBLOWERS



Anti-Doping Organisations (ADOs) need people to come forward to report doping. This new rule gives these people more protection, and applies if:

- someone is threatened or intimidated in order to discourage them from reporting doping activity to authorities; or
- they are retaliated against for doing so

This ADRV can carry a lifetime ban from sport.

SUBSTANCES OF ABUSE



The 2021 Prohibited List sets out a group of illegal drugs that are misused in society, and frequently used outside of a sports enhancement context e.g. cannabis and cocaine.

In cases where such substances are found in-competition, there will be a:

- substantial reduction in the length of sanction if use occurred out-of-competition and was unrelated to sports performance
- focus on athlete welfare through a further reduction in the length of sanction if an approved treatment programme is completed



NEW ATHLETE RESPONSIBILITY

To disclose the identity of their Athlete Support Personnel upon request from an ADO.

NEW INTERNATIONAL STANDARDS

International Standard for Education: Formalises the requirements of anti-doping education programmes across sports and countries.

International Standard for Results Management: Sets out the necessary procedures to ensure a fair process, including an athlete's right to request a public hearing.

CHANGES TO EXISTING ADRVs:



Attempted Complicity: The attempted involvement or cover up of an ADRV committed by another person has been added. The sanction length can vary between two years and a lifetime ban.

Tampering: Engaging in fraudulent conduct (e.g. submitting falsified documents) during the Results Management of an ADRV will be treated as a separate offence and a further consecutive sanction may be applied.

OTHER CHANGES TO SANCTIONS:



Reintroduction of Aggravating Circumstances: A ban can be extended by an additional two years in certain circumstances e.g. use of multiple prohibited substances at one time.

Result Management Agreements: A ban of four or more years can be reduced by one year if the person admits to the ADRV and accepts the sanction within 20 days.

NEW DEFINITIONS

New definitions in the Code (below) will allow for more flexibility in ADRV sanctions, for example, the waiving of the requirement to publish a sanction.

Protected Person: This definition will apply during the ADRV process to young athletes (under the age of 16 or 18, depending on circumstances), or an athlete who has been determined to lack legal capacity in their decision making e.g. intellectual impairment.

Recreational Athlete: An athlete who is a member of a National Governing Body (NGB), but based on their competition level can be treated differently from either an International Level or National Level Athlete for sanctioning purposes.

REVISED DEFINITION OF IN-COMPETITION

"The period commencing at 11:59 pm on the day before a competition in which the Athlete is scheduled to compete through to the end of such competition and the Sample collection process related to such competition."

ADDITIONAL EXPECTATIONS OF UKAD

New responsibilities to emphasise increased accountability of ADOs include:

- Requiring board members, directors and employees involved in Doping Control to be bound by the UK Anti-Doping Rules for purposes of misconduct
- Not to knowingly employ an individual involved in Doping Control who is provisionally suspended or serving a ban



Remember:



For more information on the 2021 World Anti-Doping Code

Visit the UKAD website:
ukad.org.uk/2021Code

Thank you for your support and playing your part to keep sport clean